

Psychiatry

March/April, 2006

a publication of the Oklahoma Psychiatric Physicians Association

Buprenorphine training coming to OKC

If you had a family member addicted to an opiate, would you want a safe, effective treatment to be available close to home? From 1992 to 2000, the number of new opioid abusers in the United States grew by 225%. In the same period, new abuse of a prescription opioid among 12 to 17 year olds was up an astounding 542%, more than four times the rate of increase among adults.

The Oklahoma Psychiatric Physicians Association and the American Psychiatric Association urge physicians to be a part of the solution to this public health crisis in our community. We invite you to obtain the training necessary to treat opiate addiction using buprenorphine, a safe and effective medication.

OPPA installs officers and councilors



Outgoing president **Ondria Gleason, M.D.** (right) accepts the *President's Plaque* from incoming 2006-2007 President, **Linda Lantrip, D.O.** Other OPPA officers elected include **Bryan Touchet, M.D.**, *President-Elect*; **Ana Maria Gutierrez, M.D.**, *Vice President*; **Jimmie McAdams, D.O.**, *Secretary* and **Hashib Faruque, M.D.**, *Treasurer*. **Mark Kelley, M.D.** will continue as *Delegate* and **Jenny Boyer, M.D.** as *Alternate Delegate* to the APA. Councilors are **Dinesh Karumanchi, M.D.**, **Katherine Klaassen, M.D.**, **Barbara Masters, M.D.** and **Asha Raju, D.O.** At the OPPA Executive Council meeting held in conjunction with the Annual Meeting, the resignation of **Mark Fossey, M.D.** as Councilor was accepted. Dr. Fossey was replaced by **Stan Ardoin, M.D.** ❖

Buprenorphine and Office-Based Treatment of Opioid Dependence training has been scheduled in Oklahoma City on **Saturday, June 3, 2006** from 7:00 a.m. to 5:30 p.m. at the Embassy Suites, 1815 South Meridian. Program faculty include **Jane Kennedy, D.O.**, University of Colorado School of Medicine, Denver; **Adam Gordon, M.D., MPH**, Assistant Professor of Medicine, University of Pittsburgh School of Medicine, Pittsburgh and **Jonathan Ritvo, M.D.**, Denver Health Medical Center, Denver.

Registration fee for **APA/OPPA members is \$100**; non-APA/OPPA members is \$150 and \$75 for non-physicians. Psychiatric residents will be admitted free. **All registration fees will go to the Oklahoma Psychiatric Physicians Association.**

This program is part of a national training initiative, which has been endorsed by the Federal Center for Substance Abuse Treatment and is sponsored by the American Psychiatric Association and the Oklahoma Psychiatric Physicians Association and qualifies for **8 hours Category 1 CME** through the Oklahoma Institute for Mental Health Education and Training and for **8 hours Category 1-B credit** under the American Osteopathic Association. Physicians who complete this course will be eligible to request a waiver to practice medication-assisted addiction therapy with buprenorphine for the treatment of opioid dependence.

To register for this training visit the website **www.docoptin.com** or call **1-888-362-6784**. ❖

What's Inside?

Psychiatric residents present papers	Page 2
Annual meeting photo highlights	Page 3
Executive Council Scoop	Page 3
Benjamin Rush awards presented	Page 4

Psychiatric residents present papers

The Oklahoma Psychiatric Physicians Association, a district branch of the American Psychiatric Association, is a medical specialty society recognized world-wide. OPPIA's member physicians specialize in the diagnosis and treatment of mental and emotional illnesses and substance abuse disorders.

Oklahoma Psychiatry is a bi-monthly publication of the Oklahoma Psychiatric Physicians Association. Please address all correspondence to Oklahoma Psychiatry, P.O. Box 1328, Norman, OK, 73070-1328, or email to oklapsychiatry@yahoo.com.

Art Rousseau, M.D., Editor

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Committee Chairs

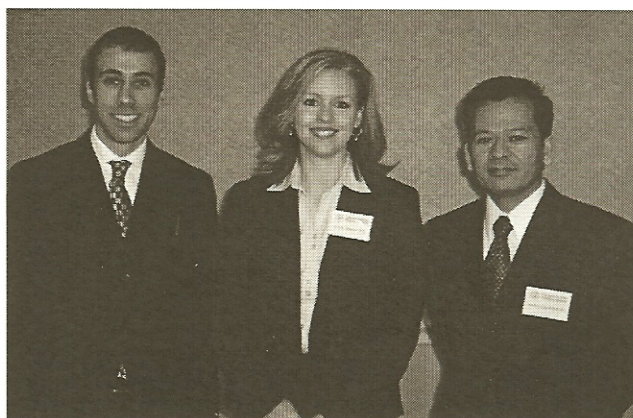
Budget – Hashib Faruque, M.D.
Child Psychiatry – Brent Bell, D.O.
Constitution/By-Laws – Joe Ruffin, M.D.
Continuing Education – Shree Vinekar, M.D.
Disaster Task Force – Brent Bell, D.O.
Early Career Psychiatry – Asha Raju, D.O.
Economic Affairs – Vacant
Ethics – Stuart Simon, M.D.
Impaired Physicians – Robert Nisbet, M.D.
Indigent Care/Homeless – Robert Nisbet, M.D.
Legislative – Jenny Boyer, M.D. and Hashib Faruque, M.D.
Membership – Katherine Klaassen, M.D.
Public Information – Art Rousseau, M.D. ❖

The 16th annual resident presentations were made as part of the Oklahoma Psychiatric Physicians Association's annual meeting and continuing medical education program held recently in Oklahoma City. Presenting papers this year were **Benjamin Quiambao, M.D.**, Griffin Memorial Hospital and **Clayton Morris, M.D.**, University of Oklahoma School of Medicine, Oklahoma City.

Topics included *Bipolar Disorder in Pregnant and Postpartum Women: A Clinical Case Presentation* by Dr. Quiambao and *Self-enucleation by a Woman with Schizophrenia: A Case Report* by Dr. Morris. Each resident received a cash honorarium.

The original *Psychiatric Residents Day* was created by Harald Krueger, M.D. during his term as chief resident at the University of Oklahoma in 1981. At that time, there was a "University Interns and Residents Day." However, Dr. Krueger believed the work by psychiatric residents in these areas deserved a format in which it could be presented and critiqued.

As the *Psychiatric Residents Day* evolved into a truly state-wide event, the natural course was to combine the "day" with the annual Oklahoma Psychiatric Physicians Association CME conference and annual meeting. By doing so, residents are encouraged to present their work and engage the community of psychiatry in an intellectually stimulating and informative discourse. ❖



Pictured with OPPIA President Ondria Gleason, M.D. (center) are psychiatric residents Clayton Morris, M.D. (left) and Ben Quiambao, M.D. (right)

Congratulations

Congratulations to **Gayathri Dasharathy, M.D.** who recently achieved *Fellow* status within the American Psychiatric Association. The honor reflects her dedication to the work of the APA and the psychiatric profession.

Dr. Dasharathy will receive a Fellowship certificate and pin in recognition of the new status and can participate in the Convocation ceremony at the APA Annual Meeting in Toronto, Ontario, Canada on May 22. *Our best wishes for a long and distinguished career!*

If any OPPIA member is interested in applying for Fellow status or Distinguished Fellow status, please contact Renee' Mixon, Executive Director, 405-360-5066 or by email to oklapsychiatry@yahoo.com. ❖

21st Century Challenges for Psychiatry and Psychotherapy: 2006 annual meeting photo highlights



Former APA President and child psychiatrist **Harold Eist, M.D.** (center) presented the program, *Confidentiality: 21st Century Legal and Ethical Challenges for Psychiatry and Psychotherapy* on Saturday morning. Pictured with him are OPPA members **Art Rousseau, M.D.** (left) and **Mark Kelley, M.D.** (right).

OPPA President-Elect, **Bryan Touchet, M.D.** (right) is pictured with **Willis Holloway, M.D.** who presented Saturday afternoon on the *Neurobiology of Schizophrenia and Bipolar Disorder*. Participants learned the basic pathology of disease induction in schizophrenia and bipolar disorder.



Major Depressive Disorder: From genes to pills to therapy was the topic of the presentation by **Jeffrey Kelsey, M.D., Ph.D.** pictured with OPPA member **Art Rousseau, M.D.** (right). Dr. Kelsey explained the principle of multiple genes producing vulnerability to depression and the newest approaches to unipolar and bipolar depression.

Pictured with OPPA Program Chair, **Shree Vinekar, M.D.** (right) is **Jerald Simmons, M.D.** who spoke Friday night on *The Spectrum of Sleep Disturbances that can Impact Mood, Cognition and Daytime Wakefulness: What Psychiatrists Need to Know about Sleep Disorders*.



Child Psychiatry (Dr. Brent Bell) – The ODMHSAS Child Conference is set for April 26-28 in Tulsa. Also, there will be a new Medicaid provider effective July 1. The provider is a Medicaid management company from Maryland. Shadow Mountain in Tulsa is opening a new Reactive Attachment Disorder Unit and a new 12-bed child and adolescent crisis unit will be located in Tulsa.

Continuing Education (Dr. Shree Vinekar) – Thank you to the Oklahoma Council of Child and Adolescent Psychiatry and especially to the work done by Drs. Ethan Lindsay and Heather Geis for securing a co-sponsorship for our annual CME conference. Also, thanks to Dr. Ana Maria Gutierrez for her work in getting the child psychiatrists involved with the meeting and thanks to Dr. Jenny Boyer for being available to present Saturday afternoon in case Dr. Willis Holloway is detained.

Economic Affairs – A committee chair is needed. Interested members please call the OPPA office, 405-360-5066.

Legislative (Dr. Jenny Boyer) – The OSMA is to meet with Rep. Kris Steele, R-Shawnee, one of the House authors of House Bill 2842, the Medicaid Reform Act. At present mental health is carved out. Dr. Boyer spoke with Sen. Tom Adelson, D-OKC and a Senate author, and he indicated that mental health may not be carved out, but paid less. Our lobbyists are tracking this bill carefully.

Membership (Dr. Katherine Klaassen) – The APA now has an automatic transfer process where members are transferred to the district branch where they currently live. Eight OPPA members have automatically been transferred to other district branches. In turn, two new members have transferred to Oklahoma including Drs. Katherine Propes, Tulsa and Scott Moseman, Tulsa. Three members have reinstated including Drs. Elizabeth Cordes, Oklahoma City; Jeannie Helmbright, Enid and Robert Hensley, Tahlequah. Congratulations to our new Life Members, Drs. Paul Lanier and Dominic Losacco.

Public Information (Dr. Art Rousseau) – There is not a psychologist prescription bill currently in the legislature. Our lobbyists have reported the *PatientsFirst Coalition* has made a significant impact on the filing of scope of practice bills this year. The coalition met recently at the State Capitol and was pleased at the number of psychiatrists present. The *PatientsFirst Coalition* was submitted for the APA's 2006 Best Practice Award. If OPPA wins, Drs. Masters and Gutierrez are attending the APA annual meeting and volunteered to accept the award on behalf of OPPA.

Resident Reports – Dr. Charles Dukes will be the resident representative from Griffin Memorial Hospital on the Council.

2006-07 Executive Council – The results of the election were announced. Dr. Fossey volunteered to release his Council seat. Dr. Gleason accepted. Council approved the motion to offer the Councilor seat to Stan Ardoin, M.D., new Residency Training Director at Griffin Memorial Hospital. ♦

Benjamin Rush awards presented

The 39th annual **Benjamin Rush Awards** for the outstanding senior students in psychiatry from the Oklahoma City and Tulsa medical schools were announced at the annual meeting of the Oklahoma Psychiatric Physicians Association held April 7-8, 2006 in Oklahoma City.

Honored were graduating seniors **Kari Youman**, University of Oklahoma School of Medicine, Tulsa campus, and **Nicole Shadid Folger**, University of Oklahoma Medical School, Oklahoma City campus. Each will receive a certificate and a \$250 cash award.

Kari Youman, who was unable to attend the ceremony as she was participating in an international rotation by working in a clinic in Santa Cruz, Bolivia, performed exceptionally well and with enthusiasm during her third year clerkship and fourth year externship. She showed excellent judgement in her clinical skills and has a remarkable ability to conceptualize and integrate knowledge. Kari is eager to learn, very organized and will be an outstanding resident. She has impressed the attending faculty with her knowledge base, clinical skills, attitude and diligence. Kari is expected to receive her Doctor of Medicine degree in May from the University of Oklahoma College of Medicine, Tulsa.

Nicole Shadid Folger, who was also unable to attend as she was completing a rotation in Africa, has been an active member and later President of the "Psychiatry Interest Group." In this role, she has liaised between faculty, residents and medical students, especially helping to recruit other medical students into psychiatry. Nicole also worked in psychiatric research for the

summer, assisting in recruiting subjects in studies of post-traumatic stress disorder and obsessive compulsive disorder. Prior to coming to medical school, she served as a research coordinator at New York State Psychiatric Institute in New York City working extensively with the homeless in her position. Nicole has also been an active member in the Neurology Interest Group, Women in Medicine, Foundation 2000 and the American Medical Student Association. ❖

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